

SEELAND SIZE GUIDES

MENS CLOTHING

JACKETS/SWEATERS

SEELAND SIZE (SCANDINAVIA/GERMANY)	S		M	L	XL	XXL	3XL	4XL	5XL			
	46	48	50	52	54	56	58	60	62	64	66	68
SPAIN/FRANCE	46	48	50	52	54	56	58	60	62	64	66	68
CANADA/US/UK	36	38	40	42	44	46	48	50	52	54	56	58

REGULAR TROUSERS

SEELAND SIZE (SCANDINAVIA/GERMANY)	S		M	L	XL	XXL	3XL	4XL	5XL			
	46	48	50	52	54	56	58	60	62	64	66	68
SPAIN/FRANCE	40	42	44	46	48	50	52	54	56	58	60	62
CANADA/US/UK	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"

SHIRTS

SEELAND SIZE	S	M	L	XL	XXL	4XL	5XL
SCANDINAVIA	39/40	41/42	43/44	45/46	47/48	49/50	
CANADA/US/UK	15 ½"	16"	16½"	17"	18"	18½"	

WOMENS CLOTHING

JACKETS AND TROUSERS

SEELAND SIZE	XS	S	M	L	XL	XXL		
SCANDINAVIA/GERMANY	34	36	38	40	42	44	46	48
SPAIN/FRANCE	36	38	40	42	44	46	48	50
UK	6	8	10	12	14	16	18	20
CANADA/US	2	4	6	8	10	12	14	16

SHIRTS

SEELAND SIZE	XS	S	M	L	XL	XXL
SCANDINAVIA	34	35/36	37	38/39	40	41/42
CANADA/US/UK	13 ½"	14"	14 ½"	15"	15 ½"	16"

GLOVES

		S	M	L	XL	XXL	
5	AROUND PALM	CM	20	22	24	26	28
		INCH	8"	8,5"	9,5"	10,5"	11"

